

Starfish Ages 6-9   Week 8   August 12 - August 16						
	Monday - August 12	Tuesday - August 13	Wednesday - August 14	Thursday - August 15	Friday - August 16	
Morning	Camp hours 9 am - 3 pm					
	<b>Yoga</b> <i>Learn poses and meditation skills to help keep you healthy, flexible and relaxed!</i>	<b>Basketball</b> <i>Assessment and practice shooting via a game of knockout !</i>	<b>Water Safety Class</b> <i>Longfellow's Whale Tales Red Cross Curriculum</i>	<b>Soccer</b>  <i>Last game of the season! (gymnaslics is also an option!)</i>	<b>4 Square Tournament</b>  <i>Prizes for the last 3 campers remaining in the game!</i>	
	<b>Improvizaton</b> <i>Theater and story telling activities (builds self advocacy skills!)</i>	<b>Lobster Studio 2</b> <i>Waxing &amp; water color painting our lobster drawings</i>	<b>Volleyall</b> <i>Explanation of the game and review of techniques followed by a game</i>	<b>Ice Skating Party</b>  <i>Pack warm clothes and your bike helmet! Skates (&amp; sanitized helmets available at the rink)</i>	<b>Dreamland Theater</b>	
	<b>Live lobster Studio 1 of 2</b> <i>With live lobsters on ice as our models, we will sketch the intricate parts of their anatamy followed by waxing and painting tomorrow!</i>	<b>Hip Hop Dance</b>  <i>More fun than you could ever imagine with songs you'll really enjoy dancing to!</i>	<b>Jetties Beach</b>  <i>Swimming, beach games, dodgeball, exploring with nets at the Jetty for crabs &amp; minnows. Castle creations too!</i>		<i>Live performance of this summer's awaited, <u>Lion King Jr.</u></i>	
	<b>Capture the Flag Game</b>					
	Lunch; Camp is nut free due to campers in attendance with nut allergies, <b>*Starfish may purchase lunch in town on Friday!</b>					
	Afternoon	<b>Marine Collecting</b> <i>Let's dig, net &amp; learn about Nantucket's marine creatures! We'll be spending time in a securely camp-lifeguarded beach area of the Harbor Creeks!</i>	<b>Swimming Lesson</b>  <i>Assessments followed by Red Cross level s' group instruction, board jumps and dives</i>	<b>Tennis - sneakers!!!</b>  <i>Instruction and games</i>	<b>Swimming Lesson</b>  <i>Red Cross level group instruction followed by board jumps and dives</i>	<b>Juice Bar ice cream!</b>  <i>The Juice Bar is a must for all Ack kids! (camp treat!), followed by Children's Beach for field games, swimming and happy farewells!</i>