Murray Camp Parent Reminders, 2017

- -Please leave messages at 508-325-4600. Messages are retrieved hourly when the office is not staffed. Administration is reachable by cellular phones at all times from the camp office. Cellular phone numbers are not published due to keeping the phone lines open.
- -Apply waterproof sunscreen on your child each morning, prior to his/her arrival at camp regardless of how the weather appears. Pack the labeled sunscreen in your child's back pack as he/she will be reminded &/ or assisted to reapply it at lunch time. Some sort of cap/hat is strongly recommended. Please discuss the importance of wearing the cap/hat (due to sun exposure), with your child.
- -Check that your child is wearing or has packed his/her sneakers everyday, as numerous activities require sneakers. Crocs are also recommended, as they are easy to get on and off for water activities which support children in avoiding shell injuries to their feet, while at the beach.
- -Label "everything" that you hope to see again and check the lost and found table often.
- -Pack a sweatshirt when the weather calls for it. .
- -Pack a raincoat when the forecast calls for rain. We often go to museums, etc.
- -Discuss lunches with your child and try to have him/her assist you in packing his/her favorite foods. Try not to over pack foods. Notify your child's counselor if your child is returning home with the majority of his/her agreed upon lunch amount, not eaten and if so, we will assign him/her to lunch checks. Please do not pack any sort of glass containers or foods that are likely to spoil such as milk, yogurt and mayonnaise products. During certain weeks, the camp will be peanut free or in some instances, totally nut free due to camper allergies. Please do not send lunches containing nut products during these times. A review of ingredients will be needed. A review of the camp's food policy is appreciated.
- -For families interested in carpooling, there will be a sign up sheet posted at camp.
- The bus and Camp vans depart at 9:30am. Please try to be prompt.
- -All of our staff are First Aid, CPR and AED certified, with many holding lifeguard certification. In accordance with Massachusetts's law, a criminal and sexual offender background check has been performed on all staff prior to employment at the camp. Policies and resumes are available on request for your review, at the camp office.
- -Lyme disease can be prevented when detected early. It is necessary to read the literature on Lyme disease and inspect your child for ticks every day. Literature is displayed at the camp base, which you are welcome to help yourself to.
- -George Butterworth, M.D., at the Cottage Hospital is our camp's physician/consultant this summer. In order for any prescription medicine to be dispensed at camp, forms need to be completed and signed by parents and reviewed by Dr. Butterworth (See Mary for further details.).
- -If you are expecting summer guests; (cousins & friends), that you would like to have attend camp with your child/children, please reserve days as soon as possible as we have a daily maximum of five spaces available, which fill up quickly (Maximum 3 days per guest). The camper guest rate is \$150.per day.

Please do not hesitate to bring any and all concerns to our attention, no matter how trivial they may seem. Please send an e-mail to: ackmurraycamp@gmail.com or leave a tel. message at the camp office (508-325-4600) and we will follow up promptly. There is also a suggestion box at camp. Please know that you are welcome at all times regardless of the time of day or location of our planned activities.

We welcome your feedback and suggestions!

We look forward to spending a safe, enjoyable summer with your family on the island.

Thank you for your cooperation!

Sincerely,

Mary T. Murray and Chuck Bruno, Camp Directors ackmurraycamp@gmail.com or tel. 508-325-4600